



June 2026

Mon	Tue	Wed	Thu	Fri
<p>1 FAMILY SERVICES</p> <p>Please Contact Jasmine @ (805) 458-5487</p> 	<p>2 Center Hours 8-1</p> <p>10am Creative Ventures</p> <p>11am Community Mtg</p> 	<p>3 Center Hours 8-1</p> <p>9:30am Anxiety & Depression</p> <p>10:45am Outreach Nurse</p> <p>11:15am Walking 4 Wellness</p> 	<p>4 Center Hours 8-1</p> <p>11-12:30pm Whole Health & Foodbank</p> 	<p>5 Center Hours 8-1</p> <p>9am Women's Group</p> <p>1am Dual Diagnosis</p> 
<p>8 FAMILY SERVICES</p> 	<p>9 Center Hours 8-1</p> <p>10am Creative Ventures</p> <p>11am Community Mtg & 12-1pm Bag Lunch Must RSVP by Friday June 5</p> 	<p>10 Center Hours 8-1</p> <p>9:30am Anxiety & Depression</p> <p>10:45am Outreach Nurse</p> <p>11:15am Walking 4 Wellness</p>	<p>11 Center Hours 8-1</p> <p>11am Baking Class: No Bake Cheese Cake</p> 	<p>12 Center Hours 8-1</p> <p>9am Women's Group</p> <p>1am Dual Diagnosis</p> 
<p>15 FAMILY SERVICES</p> 	<p>16 Center Hours 8-1</p> <p>10am Creative Ventures</p> <p>11am Community Mtg & Calendar Planning</p> <p>12pm Card Making</p> 	<p>17 Center Hours 8-1</p> <p>9:30am Anxiety & Depression</p> <p>10:45am Outreach Nurse</p> <p>11:15am Walking 4 Wellness</p> 	<p>18 Center Hours 8-1</p> <p>11-12:30pm Whole Health & Foodbank</p> 	<p>19 Center Hours 8-1</p> <p>10am—1pm Juneteenth and Fathers Day BBQ, June Birthday Celebration!!</p> 
<p>22 FAMILY SERVICES</p> 	<p>23 Center Hours 8-1</p> <p>10am Creative Ventures</p> <p>11am Community Mtg & 12-1pm Bag Lunch Must RSVP by Friday June 19</p> 	<p>24 Center Hours 8-1</p> <p>9:30am Anxiety & Depression</p> <p>10:45am Outreach Nurse</p> <p>11:15am Walking 4 Wellness</p>	<p>25 Center Hours 8-1</p> <p>11am Cooking Class: Stir Fry</p> 	<p>26 Center Hours 8-1</p> <p>9am Women's Group</p> <p>1am Dual Diagnosis</p> 
<p>29 FAMILY SERVICES</p> 	<p>30 Center Hours 8-1</p> <p>10am Creative Ventures</p> <p>11am Community Mtg</p> 	<p>Center Hours, Groups and Activities are Subject to Change.</p> 	<p>Please contact staff to find out how to join the program!</p> 	<p>Breakfast & Coffee Daily 8-10</p> <p>Green: Outdoor Activities</p> <p>Purple: Indoor Groups</p> <p>Blue: Monthly</p> 